

# CALENDAR OF EVENTS—LIFE ACTIVITIES CLUB—GEEELONG Inc.

as at February 2026

Venue: Belmont Park Pavilion (Grey Building) below James Harrison Bridge

<b>Every Monday</b>	Soft Tennis	<b>Ocean Grove</b> in the afternoon at Memorial Hall The Avenue <b>Bannockburn</b> at Recreation Centre YMCA 10 till 1130 am
	Table Tennis	1:00 pm to 3:00 pm—At the Table Tennis Centre, 84 Church St. West Geelong, opposite the Sale Yards Hotel. Cost <b>\$8.00</b>
	Golf	Balyang Par 3 Golf Course 9:30 in winter 9:15am. in summer.
	Pickleball	9:00 till 11:00 am. at Memorial Hall The Avenue, Ocean Grove
<b>First Monday</b>	Wine Appreciation	2 ~4pm . Location at various attendees house by agreement. Cost <b>\$10 ea.</b>
<b>Every Tuesday</b>	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove 12:00 till 1:30 pm at Badminton Courts Leisuretime Sports Centre Norlane
	TAI CHI	09:15am till 10:15pm Clubroom Cost <b>\$5.00</b>
	Cycling – Pedallers	Out of Town (Contact convenor for start location and time).
	Cycling (Easy Ride)	9:30 am ( First Tuesday from Rippleside rest from LACG Club rooms)
	Cycling – Pedallers	Alternative shorter Tuesday ride (Contact convenor), or spontaneous local ride departs 9.30am from LACG Club rooms.
	Keep Fit Aerobics	10:30 am till 11:15 LACG Club Rooms Cost: <b>\$5.00</b>
	Exercise Class	LACG Club Rooms 12:00 to 1:00 pm Cost: <b>\$5.00</b>
	Bellydancing	LACG Club Rooms 1:15pm Cost <b>\$8.00</b>
<b>Every Wednesday</b>	Walk & Talk	0915 From Clubroom see Anne Wylie
	Presidents Announcements	Approx. 10:30 am after a walk and a cuppa.
	Bocce	11:00 am until lunch at LACG Club Rooms
	Cards	After Bocce at the Club Rooms
	Mahjong	LACG Club Rooms 1:00 pm. start
	Pickleball	1:00 till 3:00 pm. at Memorial Hall The Avenue, Ocean Grove and from 6:30 pm at LEOPOLD
	<b>Third Wednesday</b>	BYO Lunch
<b>Last Wednesday</b>	Dine Out	Watch the notice board or Weekly Update for selected venues
<b>Every Thursday</b>	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove 12:00 till 1:30 pm at Badminton Courts Leisuretime Sports Centre Norlane and from 7:00 pm at LEOPOLD
	Cycling – Pedallers	Local ride departs 9.30am from LACG Club rooms.
	Cycling (Easy Ride)	9:30 am ( First Thursday from Rippleside rest from LACG Club rooms)
	Keep Fit Aerobics	10:00 am LACG Club Rooms Cost: <b>\$5.00</b>
	Chair Exercises	11.00 am LACG Club Rooms Cost: <b>\$5.00</b>
	Exercise Class	12:15 – 1:15 pm at LACG Club Rooms Cost: <b>\$5.00</b>
	Arvo Tea Dance	1:30 - 2:00 Walk Through Lessons if required
	Arvo Tea Dance	2:00 to 4:00 pm at LACG Club Rooms Cost: <b>\$5.00</b>
<b>Every Friday</b>	Walk & Talk	Leaves from Car Park in Barabool Rd opposite Cafe RnR (Big4) at 10:00 am
	Pickleball	10:00 - 12:00pm at Memorial Hall The Avenue, Ocean Grove 4:00 - 7:00 pm at Bellarine Aquatic Centre. Shell Road
	Soft Tennis	<b>Bannockburn</b> at Recreation Centre YMCA 10 till 1130 am
<b>2nd Friday</b>	Out to Lunch	For times and venues watch notice boards and Weekly Updates
<b>Every Saturday</b>	Cycling – Pedallers	Local ride departs 9.30am from LACG Clubrooms.
	Cycling (Easy Ride)	9:30 am ( from LACG Clubrooms)
	Pickleball	10:00-11:30 am at Badminton Courts Leisuretime Sports Centre Norlane
<b>Every Sunday</b>	Pickleball	5:00 till 7:00 pm. at Memorial Hall The Avenue, Ocean Grove
	Pickleball	10:00-11:30 am at Badminton Courts Leisuretime Sports Centre Norlane

*There is also Special lunchtime functions throughout the year and a Caravan Club, which, at various times throughout the year, has memorable and well attended trips.*