

Weekly Activity News February 5th. 2025

Well Hello to another year of Life Activities Club Geelong Inc Weekly Update. Welcome back. Today was the clubroom official first day back although some activities had already started. Attendance was good and weather was good so off to a good start. A good game of Bocce was played, but the setup crew was very short of help and needs a few volunteers to keep it certain there will be a game to play. Our first committee meeting of the year with a very large agenda was also held. Notable news was the convenor changeover in the caravan activity and we already have the first trip dates and place see below. The Convenors meeting this month will also move location as a trial.

Cycling	See link	Every Saturday Tuesday Thursday https://lacg.com.au/peddlers-info/
Pickleball	Most days	https://lacg.com.au/pickleball/
GOLF	Mondays	Mondays join us to tee
Tai Chi	Tuesday Feb 11th	Tai Chi resuming Tuesdays 9.15am. Not Wednesdays.
Belly Dancing	Tuesday Feb 11th	Resuming 1.30pm, come along and learn to wiggle those hips.
Aerobics	Tuesday and Thursday	Has restarted
CARDS	Wednesdays	Now back to normal.
ARVO Tea Dance	Thursdays	Thursdays 2-4pm.
Out To Lunch	Friday Feb 14 th .	Fortune Garden Chinese Restaurant 20 Regent St, Belmont list on notice board or ring Eileen 0420387430
Convenors	Wednesday Feb 19 th .	Convenor meeting has got a change of venue for Wed 19th.Feb. To be held at South Barwon Community Centre, 33 Mt Pleasant Road, 12.15pm. Light lunch provided.
Dineout	Wednesdays Feb 26 th .	Waurm Ponds Hotel, 1154 Princes Highway, Waurm Ponds.
Caravan and Cabin	April Sun27 - Fri 2 nd May	Portland
Video	Must See	https://www.youtube.com/watch?v=9gV3LtUIJ6M&t=747s



Scenes from today