

# **LAC Pedallers News:**

## **May 2024**

### ***MORNING COFFEE WITH RARE CANCER AUSTRALIA HEAD***

***THURSDAY 9<sup>TH</sup> MAY, QUARRY CLOSE BELMONT***

On Thursday 9<sup>th</sup> May Richard Vines, Founder and Chairman of Rare Cancers Australia will be speaking about his organisation's involvement into research into cures and causes of rare cancers and their support of cancer patients at our ride on Thursday 9<sup>th</sup> May at Carol and Noel's house in Belmont. Earlier this year we donated the sum of \$4400 to Rare Cancer Australia, the result of our fundraising efforts over the last year.

This talk will be part of the normal Thursday ride, with coffee at Carol and Noel Dyett's home in Belmont. Carol and Noel are at the end of Quarry Close in Belmont, just off Barrabool; Road near the Grey Room.

Carol and Noel have arranged a coffee van for the morning, however we must have coffee orders in by 10:30 so the ride will be shorter than normal finishing at Quarry Close at approx 10:15.

Annis's jams and pickles will be on sale at the morning tea so bring some cash! Orders will be taken for delivery later if you cannot manage to take them home on your bike.

Love to see everybody at this morning tea, whether on your bike or by car.

### ***MAY DINNER***

The May dinner get-together of the LAC Bike Group will be on Tuesday 21<sup>st</sup> May at the Cremorne Hotel, 336 Pakington St Newtown from 6:30 pm.

RSVP to Julie, preferably by email at [djhehir@bigpond.net.au](mailto:djhehir@bigpond.net.au), no later than Sunday 12 midday 19<sup>th</sup> May.

### ***TUESDAY RIDES***

#### ***May***

***Tuesday 7<sup>th</sup> May: Skeleton Creek ride.*** Depart "100 steps of Federation" carpark, Altona Meadows at 9.30 am. Ride around Cherry Lake and then back to Altona for coffee and onto the Cheetham wetlands. Then along picturesque Skeleton Creek, Sanctuary Lakes and Point Cook to the Boardwalk Boulevard Wetlands park for lunch. Return via Sanctuary Lakes.

An easy ride of about 50km, mainly on bike paths.

**Leader: Jim Hayes** 0419 551 475

**Note: If you would like to participate but do not wish to take your car to Altona contact me on 0412 308 166 to arrange a lift.**

***Alternate ride: start at the Grey Room at 9.30 am for a spontaneous ride.***

***Tuesday 14<sup>th</sup> May: Breamlea ride.*** Depart Grey Room at 9:30 am and ride bike tracks to Torquay Rd and Warralily Blvd to Warralily shopping centre for coffee. After coffee ride via Horseshoe Bend Rd to Blackgate Rd and onto Breamlea for lunch, Home via bike track, Blackrock Rd, Lake Rd, Warrilly Blvd and Torquay Rd. A shorter ride of approx 55km.

**Leader: Lyn Loudon** 0400 300 470

***Shorter ride, Armstrong Creek for coffee and return.***

***Tuesday 21<sup>st</sup> May: Little River ride.*** Depart Rippleside carpark 9.30 am. Ride via Hovell's Creek path to Lara for coffee. Thence along Old Geelong Road to Little River, to You Yangs for lunch and return via Lara and bike path to Rippleside. Medium ride of 63km

**Leader: Jim Carman** 0400 844 767

***Shorter ride: Lara for coffee and return, approx 30km***

**Tuesday 28<sup>th</sup> May: Bellbrae ride.** Depart 9.30 am from the Grey Room. Ride to Torquay for coffee. After coffee ride through Jan Juc on Sunset Strip to Bells Blvd, and Bones Rd to Bells Beach. Then Addicott Rd to Anglesea Rd to School Rd and Bellbrae reserve for lunch. After lunch continue on School Rd to Anglesea Rd and then Dickins Rd and Ghazeepore Rd to Waurm Ponds track and back to Grey Room. Ride distance approx 60 km.

**Leader: Strahan Olesen                      0438 658 511**

**Alternate ride: start at the Grey Room at 9.30 am for a spontaneous ride.**

### ***June***

**Tuesday 4<sup>th</sup> June: Sorrento – McRae ride.** Depart 10:00 am from Queenscliff Ferry Terminal.

Coffee on board ferry and then ride bike paths along foreshore to McRae for lunch. Return by the same route back to Sorrento for coffee and vanilla slice. Catch 3 pm ferry back to Queenscliff. ETA back in Geelong approx. 4:30 pm. An easy ride, mostly on bike tracks, of approx. 42km.

Note: Seniors fare on ferry is \$28 return (including bike)

**Leader: Tony Minchin                      0417 509 918**

**Alternate ride: start at the Grey Room at 9.30 am for a spontaneous ride.**

### ***THURSDAY RIDES***

Leave from the Grey Room at 9:30 am.

#### **Leaders:**

<b>Date</b>	<b>Leader</b>
9 <sup>th</sup> May	Rob Ballard
16 <sup>th</sup> May	Sylvia Taylor
23 <sup>rd</sup> May	Tony Minchin
30 <sup>th</sup> May	Peter Rogers

### ***SATURDAY RIDES***

Leave from the Grey Room at 9:30 am.

Leaders: Peter Spurr & others organized on the day.

### ***Happy Pedalling***

Rob Ballard/Andrew Broadfoot  
0412 308 166/0429 436 249