## Life Activities Club-Geelong Inc.

www.lacg.com.au

www.facebook.com/lacginc

Club Phone. 0491755335

## Weekly Activity News May 1st. 2024

For those who open their updates I am back from a very good holiday to continue your weekly news. Today was a very pleasant day weatherwise and the clubhouse chairs were all full by 1030. Bocce was over circular courts and the top scores for both genders was 37 by Ron Keneady back playing again with the aid of a chair and the lady was Lynette Kent. Following the Bocce the committee took up residence in the store for the monthly meeting. Mention was made during the presidents announcements how good the garden at the entrance is going under the TLC of Lyn Ward and I must admit it has improved since I last noticed it. Photo below.

Cycling	Saturday Tuesday Thursday	<b>2024</b> program of rides available on link <u>https://lacg.com.au/peddlers-info/</u>
Pickleball	Most days	https://lacg.com.au/pickleball/
Tai Chi	Tuesdays 9:15 - 10:15am	Tai Chi is back in action. Get rid of aches and pains.
Fitness	Tuesdays Thursdays	Aerobics at 10:30 am Tuesday 10:00 am Thursday Exercises Class 12:00 till 1:00 pm Both
Arvo/Tea Dance	Thursdays 2 till 4pm	Belmont Cubhouse
Out to Lunch	Friday May 10	Leopold Sportsmans Club 12pm. 135 Kensington Rd, Leopold https://leopoldsporties.com/sporties-bistro/
Special	Wednesday May 29 <sup>th</sup> .	Hot Baked Potato Lunch Day After Bocce at 12:15 pm \$15 pp pay no later than May 22 <sup>nd</sup> .
Caravan & Cabin	October 6 <sup>th</sup> to 11 <sup>th</sup> .	Shepparton Parklane Big 4ph 0351760231contact the park as soon as possible with your bookingI night fee to be paidtell them you are with the LAC GEELONG to get your discount





Bocce Today



Happy Members waiting to get out to Bocce

The Man Who Created Autocorrect Has Died. Resturant In Peace.