

Life Activities Club-Geelong Inc.

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Club Phone. 0491755335

Weekly Activity News March 13th. 2024


Well the heatwave went but it left us with a cooler and wet day so no Bocce but a good crowd for Hookey.

At the meeting we were reminded next week is General Meeting and to bring lunch.

The Special Lunch day has a Easter Raffle and everyone is encouraged to wear a Hat to suit the occasion(or not)

Easter bonnets are allowed of course but mad hatters can also have a field day.

Coming up 15th May will be a Potato Day .

Cycling	Saturday Tuesday Thursday	2024 program of rides available on link https://lacg.com.au/peddlers-info/
Pickleball	Most days	https://lacg.com.au/pickleball/
Tai Chi	Tuesdays 9:15 - 10:15am	Tai Chi is back in action. Get rid of aches and pains. If attendance does not improve this activity will close
Fitness	Tuesdays Thursdays	Aerobics at 10:30 am Tuesday 10:00 am Thursday Exercises Class 12:00 till 1:00 pm Both
Arvo/Tea Dance	Thursdays	1:45 PM Leopold
Club	Wednesday March 20 th	General Meeting 12:15 pm
Special	Wednesday March 27 th	Special Easter Raffle & BBQ Lunch day In the spirit of Easter please wear Easter headwear on the day  
Dineout	Wednesday March 27 th	St Lords (old Lord of the Isles) 3 West Fyans St, Newtown Menu > https://tinyurl.com/muvzptjh Contact Lyn Hansen 0438811410 or put name on list on Noticeboard.



Today's Hookey players in action. First side to count down from 99 wins