

CALENDAR OF EVENTS—LIFE ACTIVITIES CLUB-GEELONG Inc.

as at November 2023

Venue: Belmont Park Pavilion (Grey Building) below James Harrison Bridge

Every Monday	Soft Tennis	Ocean Grove in the afternoon at Memorial Hall The Avenue
	Table Tennis	1:00 pm to 3:00 pm—At the Table Tennis Centre, 84 Church St. West Geelong, opposite the Sale Yards Hotel. Cost \$8.00
	Golf	Balyang Par 3 Golf Course 9:00am.
	Pickleball	9:00 till 11:00 am. at Memorial Hall The Avenue, Ocean Grove
First Monday	Wine Appreciation	2 to ~4pm . Location at various attendees house by agreement. Cost \$5 ea.
Every Tuesday	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove 12:30 till 2:00 pm at Badminton Courts Leisuretime Sports Centre Norlane
	Cycling – Pedallers	Out of Town (Contact convenor for start location and time).
	Cycling (Easy Ride)	9:30 am (First Tuesday from Rippleside rest from LACG Club rooms)
	Cycling – Pedallers	Alternative shorter Tuesday ride (Contact convenor), or spontaneous local ride departs 9.30am from LACG Club rooms.
	TAI CHI	09:15am till 10:15pm Check Cost \$5.00
	Keep Fit Aerobics	10:30 am till 11:15 LACG Club Rooms Cost: \$5.00
	Exercise Class	LACG Club Rooms 12:00 to 1:00 pm Cost: \$5.00
	Technology Discussion	Presently in Recess
Every Wednesday	Walk & Talk	0930 From Clubroom see Barney DeWit
	Presidents Announcements	Approx. 10:30 am after a walk and a cuppa.
	Bocce	11:00 am until lunch at LACG Club Rooms
	Cards	After Bocce at the Club Rooms
	Scrabble	LACG Club Rooms 12 noon start
	Pickleball	1:00 till 3:00 pm. at Memorial Hall The Avenue, Ocean Grove and from 6:30 pm at LEOPOLD
Third Wednesday	BYO Lunch	After Bocce at the Club Rooms
Last Wednesday	Dine Out	Watch the notice board or Weekly Update for selected venues
Every Thursday	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove 12:30 till 2:00 pm at Badminton Courts Leisuretime Sports Centre Norlane and from 7:00 pm at LEOPOLD
	Cycling – Pedallers	Local ride departs 9.30am from LACG Club rooms.
	Cycling (Easy Ride)	9:30 am (First Thursday from Rippleside rest from LACG Club rooms)
	Keep Fit Aerobics	10:00 am LACG Club Rooms Cost: \$5.00
	Exercise Class	12:00 – 1:00 pm at LACG Club Rooms Cost: \$5.00
	Arvo Tea Dance	1:30 - 2:00 Walk Through Lessons if required
Arvo Tea Dance	2:00 to 4:00 pm at LACG Club Rooms Cost: \$5.00	
Every Friday	Walk & Talk	Leaves from Car Park in Barabool Rd opposite Cafe RnR (Big4) at 10:00 am
	Pickleball	10:00 - 12:00pm at Memorial Hall The Avenue, Ocean Grove
2nd Friday	Out to Lunch	For times and venues watch notice boards and Weekly Updates
Every Saturday	Cycling – Pedallers	Local ride departs 9.30am from LACG Clubrooms.
	Cycling (Easy Ride)	9:30 am (from LACG Clubrooms)
	Pickleball	10:00-11:30 am at Badminton Courts Leisuretime Sports Centre Norlane
Every Sunday	Pickleball	5:00 till 7:00 pm. at Memorial Hall The Avenue, Ocean Grove
	Pickleball	10:00-11:00 am at Badminton Courts Leisuretime Sports Centre Norlane

There is a matinee cinema and occasional theatre outing arranged to suit show times and attendee preferences We also have a Caravan Club, which, at various times throughout the year, has memorable and well attended trips.