# Life Activities Club-Geelong Inc.

www.lacg.com.au www.facebook.com/lacginc Club Phone. 0409233430 President: Martin Taylor
Patron: Pat Murnane

Belmont Park Pavilion Cnr. Barrabool Rd. & High St. Belmont. PO. Box 1041 Geelong Victoria 3220

# **Newsletter June 2023**

## From the President's desk



'It's a wonderful world' sings Satchmo and the feeling around the club is that it's true. Les has also reported a new record attendance for Bocce recently. Attendances for lunch functions at the hall are also extremely well attended. But still, one Wednesday morning can be standing room only, but not so for the next.

Tai Chi is back and I encourage all ex Tai Chi enthusiasts to dust off their gear. A new activity group offering tech support via group discussion is available for members, meeting at the hall after Tuesday exercise class.

At the recent convenors meeting a great add on was discussed. In the more active groups, for example cycling and golf, both active and less active members are having a gathering for a cuppa, and more social interaction is occurring. This is definitely another benefit of being a club member for the less mobile of us.

On the administration side, club members agreed at the recent general meeting to join with LACVI.

For the club members this change will be mostly invisible. Actions of the club are still managed by our own committee The key change is that we are getting access to club management software built with LAC clubs in mind. With these smart tools we will be more able to spread our admin resources and rebalance workloads where they occur to reduce the workload on individual committee members.

One unrelated visible change is the club committee now gathers in the corner room of the hall for meetings and for the convenors meeting the convenors gather in the opposite corner of the hall.

Events coming up include the AGM. The AGM includes the election of office bearers for the next 12 months and the annual reports from the outgoing committee.

This year the committee also presented to the club a statement addressing behaviours expected of members with a vote at the AGM needed to formalise the inclusion this statement in our constitution.

We can also report club membership has increased above 420 members. The major increase is from Pickle Ball activity. Some of you may remember the efforts made in 2019 to review the scope of our insurances and then being able to invite the newly formed Pickle Ball club at Ocean Grove to affiliate with us. Pickle Ball originally operated in the Memorial Hall which is also where our soft tennis activity group meets. Pickle Ball has grown in Ocean Grove and now includes the outdoors at the Surfside Tennis Courts. Pickle Ball also has new groups across Geelong and Leopold. Well done to Terry and Fran Kealey Pickleball co convenors.

Thanks to all committee members and on behalf of the club I thank particularly the treasurer who has overcome the hurdles of the closing of bank branches we have used for years. A special thanks to Secretary June who I believe from my 10 years only with the club, is the best.



### **OFFICE BEARERS**

### GENERAL COMMITTEE

President:	Martin Taylor	president@lacg.com.au	0492994916	Les Hannah	0408383721
V-President:	Heather Redding	vicepres@lacg.com.au	0408572822	Ron Kenneady	0427345732
Secretary:	June Warburton	Secretary@lacg.com.au	0409233430	Vacant	
Mmbrshp Sec	Jim Watts/Ly	nette Kent m	embersec@lacg.com.au	Barney De Wit	0438831943
Treasurer:	Phil Warburtor	treas@lacg.com.	au 0417 056368		
Convenors De	elegate: Martin			Lyn Hansen	0438811410
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## **CONVENORS & ASSISTANTS**

**Phone Activity** Phone Activity FRIDAY WALK & TALK CONVENERS' DELEGATE 0492994916 **Martin Taylor Rene Watts** 0417569476 ARVO TEA DANCE DINE OUTS 0438811410 5251 3529 Val Penfold Lyn Hansen OCEAN GROVE PICKLEBALL **OUT TO LUNCH** 0408556697 **Terry and Fran Kealey Eileen Roberts** 0420387430 SCRABBLE BOCCE 0408383721 Les Hannah **Betty Clark** 0414730427 CHINA PAINTING SOFT TENNIS OCEAN GROVE Jeanette Hollow Lynette Kent 0408564716 5256 1633 CARDS WINE APPRECIATION **Rene Watts Phil Warburton** 0417569476 0417 056368 & TRADING TABLE KEEP FIT AEROBICS (Low Impact) CARE Val Kenneady 0427345732 **Jill Crilley** 5244 0505 CYCLING CARAVANNING Rob Ballard 0412308166 **Heather Redding** 0408572822 **Andrew Broadfoot** 0429436249 TABLE TENNIS GOLF — BALYANG PAR 3 **Ken Bolton** 0400062224 0425849419 **Ron Crees** EXERCISE PROGRAM WED. WALK & TALK 0438831943 **Martin Taylor Barney De Wit** 0492994916 CINEMA/Shows **Technology Discussion Group** 417557456 **Suzanne Page** 0448714134 **Alex Evans** 



This was biggest field of Bocce players since before COVID waiting to hear their Score



Mystery Lunch was an outstanding favourite for June's events

NEW MEMBERS					
Helen Guy	Trace Anderson	Elaine Granger			
Justin D'Altera	Nola Mc Alister	Bernie Nicol			
Tina Gordon	Susie Nicholls	Bruce Higgins			
Anne Cooper	Heather Young	Ruth Higgins			
Yvette Durling	Graeme Crothers	Rosslyn D'Altera			
Lesley Goonan	Lisa Campbell	Wendy			
Wendy Goonan	Des Lawrence	O Donoghue			
Laurie White	Belinda Lee	Celia Fletcher			
Penne Batters	Adrian Anderson	Robyn Smith			
Leah Cole	Bronwen	Des Gorman			
Learne Coltish	Jackman	Michael			
Di Corlett	Sophie Hill	Hammond			
Deb Maud	Karen Smits	Joan Uldrikis			
Annie Nash	Leo Mithen	Bill Robertson			
Katrina Paton	Jayde Smith	Phil Galea			
Lucinda Sorace	Alison Lugg	Sonia Peterosso			
Andrea Valetic	Jenny Trevean	Shayne Sullivan			
Robert	W Binks	Kay Law			
Van Doorn	Linda Brown	Joy Hunt			
Brenda Bickerton	Jason Copland	Peter Szerwinski			
John Bickerton	Peter Gilmour	Marie Szerwinski			
Jenny Salkeld	Sue godfrey	Warren Davis			
Sarah Hammond	Stu Myers	Carmel Costa			
Sharon Strickland	Lachlan Telfer	Helen Wallace			

### ACTIVITY GROUP REPORTS

# ARVO TEA DANCE Thursday from 2:00 - 4:00pm \$5.00 entry fee

We continue to have a great afternoon of Dancing with good attendances each week. Many thanks go to the members who come early and help set up and also at the end of the afternoon. Many thanks to Ron who does a great job being our Music Man.

Happy Dancing

Convener: Val Penfold 5251 3529

CHINA PAINTING (Therapy Class)
Tuesday 9:30 till Noon at Lynette's Home
Cost \$6

With Lynette still recovering from injuries china painting is suspended till further notice

Convener: Lynette Kent 0408564716

#### **EXERCISE CLASS**

Club Room – Grey Building Cost:- \$5.00 Tuesday 12:00 pm & Thursday 12:00 pm

Enjoy a visit to our LACG fitness class. Not sure if its something suitable for you? Arrive early and chat with Mandi. Its fun and visitors are always welcome

Convener: Martin Taylor 5243 7605

#### BOCCE

Near to the halfway mark of the season. Player numbers have improved.

Although winter is here, it doesn't deter our hardy lot from competing. With gloves, hats and coats on, good scores are still being obtained.

Leading players at this stage are:-

Lynn Ward	638	James Campbell	634
Val Kenneady	614	Ron Crees	630
Lynette Kent	612	Ron Kenneady	607
Anne Wyllie	539	John Ward	572

Thanks for support in setting up or packing away after each game

Convener: Les Hannah 0408383721

### **KEEP FIT AEROBICS**

Low Impact
Tuesdays 10:30 am till 11:15am
Thursdays 10:00 am Cost: \$5.00
Club Room – Grey Building
All welcome!

A fun way to fitness for a class incorporating everyday movements in a simple routine, with chair or floor work and finishing with a stretch. All while moving to your own abilities.

Convener: Jill Crilly 52440505

# OUT TO LUNCH 2nd. Friday

Thanks to all the members who have been coming to our lunches. Our numbers have been fairly consistent and we would welcome anyone who would like to join us. Just put your name on the list at the club or call me on 0420387430 to come along on the 2nd Friday of the month.

Convener: Eileen Roberts ... 0420387430

#### **CARE**

Still some members unwell. Don't know of any in hospital though. Chere is still Covid and Flu about so stay safe and healthy as best you can.

Sending our love to all members and their families who may be feeling unwell or upset by the terrible tragedies that we read in the papers or on the news.

Don't forget to give your loved ones a hug.

We never know what each day may bring, good or bad.

Love and hugs,

Val

Convener: Val Kenneady 0427345732

# FRIDAY WALK AND TALK 9:15 am. at car park opposite the RnR Cafe (old Big4) in Barrabool Rd..

Come join us at RnR cafe for a coffee

Convener: Rene Watts. ph. 0417569476

# GOLF Balyang Par 3 Golf Course Mondays 9:15am.

At golf Kings Birthday Monday we had only 8 players, however there were 15 around the table for coffee and a chat. So the cold is not affecting the coffee drinkers

Convener: Ron Crees 0400062224

# CARDS Wednesday after Bocce

Card players have continued to enjoy Wednesday afternoons with the 500 game and the Hand and Foot game. New players always welcome so if you fancy a friendly game of cards come and join us.

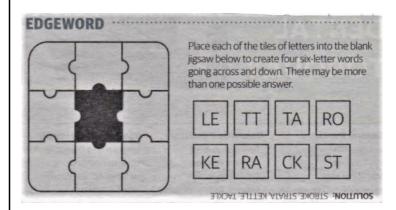
Convener: Rene Watts 0417569476

SCRABBLE Every Wednesday 12 noon at LAC Rooms Observers Welcome

We are all keen scrabble players. We start after Bocce (after 11:00 a.m.) and finish before 2:30pm. at the club rooms on Wednesday.

We would love some new players, even if you haven't played before. You don't even need to know the meaning of the words. It's okay if it's in the dictionary.

Try this edge words. See you Wednesday



Convener: Betty Clark 0414730427

### **OCEAN GROVE SOFT TENNIS**

Same old story as usual, not much else happens at our club activity just a happy bunch of women playing what we love.

Convener: Jeanette Hollow 5256 1633

# LACG WANDERERS CARAVAN and CABINERS GROUP

For all who might be interested the dates for the next trip away will be on the 8th to the 13th of October. It will be more than likely in Shepparton, will check out the parks on our way home from sunny Queensland at the end of the month.

SEE YOU IN JULY

HEATHER and PETER..



**Conveners:** Heather and Peter Redding

ph. 0408572822 or 52821921

# TABLE TENNIS Ballarat Road Table Tennis Centre Mondays—1:0 pm. to 3:00 pm \$6.00

Lots of fun to be had, win or lose doesn't matter, and the exercise is good. Bats and balls supplied so come along any Monday 1 till 3pm Table Tennis Centre church Street Geelong West.

Convener: Ken Bolton 0425849419

### TRADING TABLE

Thank you to you all for your support for the Cancer morning tea. The trading table donated \$426.50 the highest amount since we have been having Cancer morning teas at the club.

A great cause and well done everyone.

Convener: Val Kenneady 0427345732

### L.A.C. PEDALLERS

The bike group has been enjoying the milder autumn/winter weather and good numbers have been attending the organised rides. We have welcomed a number of new members this year, noting that the majority of these new members are using electric bikes. Today's (Tuesday 13th June) ride was typical of our rides; although the weather was threatening 23 members rode to Leopold for coffee. Of this number seven were on electric bikes. One of our members, Zdenka Spacil and a friend have been riding through various European countries and have been sending us interesting reports on their adventures. It hasn't been smooth riding all the way as they ride 50 to 70 km per day; they have had to battle head winds, snow and road works along the way

The photos show some of the bike group at Leopold and Zdenka enjoying a stop on her travels.





**Rob Ballard Co-Conveners: Andrew Broadfoot** 0412308166 0429436249

#### **CLUB LUNCH DAYS**

Half the year has already gone, the Winter months are here, we need to rug up & stay warm. Our special Lunch Days have proved to be very popular, it is a good opportunity to catch up with friends & make new ones.

Baked Potato Day: we had 60 people attend. The potatoes were delicious and we finished the meal with everyone receiving an ice-cream. Hopefully next year this will be on the agenda once again.

Easter Raffle: Morning tea was hot cross buns and the raffle raised \$89. Easter bunny turned up & handed out chocolates to everyone who came through the door.

Biggest Morning Tea for Cancer hosted by Heather Redding & her helpers. We were able to donate S1,946 for this great cause. Morning tea was a wonderful spread of food to suit any appetite. Great array of prizes were raffled, 1st prize was a weekend away at Big4 Caravan Park at Port Fairy plus a wide variety of vouchers all donated. Thanks Heather & helpers for all your hard work.

Mystery Lunch: we had 67 people attend. Every table was given a chicken/ham platter, plate of assorted sandwiches, hot finger food and a 3 tiered plate with assorted slices & scones jam & cream. It looked a lot of food on the tables but not much was left over. The hall buzzed with the sound of talk & laughter, a great time had by all. Many thanks, to all who donated slices etc., and thanks to the many helpers who assisted me in setting up & helping in the kitchen. I appreciated you all assisting me as without your help, it would not happen.

Christmas in July Wednesday 19th July. Preparations are well on the way. The list is filling up fast and is capped at 80, so you need to be quick to put your name down. There will be a 2 course lunch, music, dancing and our Meat raffle will be drawn on the day, tickets are 3 for \$2. There will be door prizes and a few other prizes as well. 12.15 start.

Soup & Roll Day will be Wednesday 16th August. There will be a choice of 3 homemade soups and a fresh bread roll followed by something sweet. 12 Noon start with a guest speaker talking on senior driving & precautions. TBA. The soup will be served at 12.30pm. Come along & enjoy hot soup to chase away the winter blues. List will go up after Christmas in July function.

Then it's time for Grand Final week of Football, Wednesday 27th September, come dressed in your footy colours and enjoy pies, pasties or hot dogs. Prize for best dressed. List will go up closer to the date. This will be the last of our special lunches for the year.

Melbourne Cup Day, Wednesday 7th November, mark this great day on the calendar so you don't miss a day of fun. Club's Christmas Break up, Wednesday 13th December at Club Italia. Music for dancing and lots of free raffles, to be won. Donations of groceries or items to raffle would be greatly appreciated. A basket will be at the clubroom entrance early October for these items. Come along and enjoy good food and company.

I would like to thank you all for supporting me on special lunch days & Christmas in July. I have enjoyed doing these for our club and will continue next year with your support. June Warburton, LACG Inc. Secretary

# DINE OUTS Last Wednesday of each month.

Our dineouts remain a popular attraction for members with venues varied each month and prices trying to be affordable. Our last venue at White Eagle House was not the most promising as far as ambience but the food was special and oohs and ahs plentiful on its arrival and satisfaction complete on consumption.

Proposed venues for next 3 months are:-

Wednesday, June 28th. 6.00 pm

# Kohinoor Indian Restaurant

135/137 Malop St, Geelong

Wednesday, July **26<sup>th</sup>**. 6.00 pm Nova Balinese House

Shop 7/321 Pakington St, Newtown

Wednesday, August **30<sup>th</sup>.** 6.00 pm La Cucina

112 High St, Belmont

Convener: Lyn Hansen 0438811410

## Cinema / Theatre Various times see Notices

On March 7th 3 members attended the Pivotonian and seen the movie, THE WHALE.

Recently quite a group of us (11 ppl) attended Reading cinema. We went and seen THE BOOK CLUB (The next chapter.) It was a fun outing followed up with lunch and coffees at the Groove Train. Some of us could relate to the antics of the lead roles in the film, so we had a few laughs over lunch.

Our next event will be the end of July continuing our 8 weekly cycle.

Convener: Suzanne Page 0448714134

An Asian fellow has moved in next door. He has travelled the world, swum with sharks, wrestled bears and climbed the highest mountain. It came as no surprise to learn his name was Bindair Dundat.

Local Police hunting the 'knitting needle nutter', who has stabbed six people in the rear in the last 48 hours, believe the attacker could be following some kind of pattern.

## PICKLEBALL

Monday 10:15 - 12:15 pm.
Tuesday & Thursday 8:00 - 10 am.
Wednesday 1:00 - 3:00 pm
Fridays 10:30am - 12:30 pm
Sunday 5:00 - 7:00 pm
at Memorial Hall The Avenue Ocean Grove

Hope all is well.

We have some exciting news. Our player Mel White played for Victoria in the Battle of the Border against NSW and Captained the Senior team. This was a real honour for her and our club and Ocean Grove Pickleball is very proud of her efforts. Also two of our members Roy and Lea Preece were really successful at the Tasmania Open and won medals in the singles, mixed doubles and gender doubles.

On the home front we have a number of new members at Ocean Grove and Leopold and our recent Happy Hour at the Golf Club and Spanish Themed night after Sunday Pickleball proved very popular.

Cheers

Fran



Mel second from left



Lea and Roy Preece

Convenors Terry and Fran Kealey 0408556697.

# **Technology Discussion Group Tuesday at 1:15 PM for 90 minutes**

Technology is with us to stay, we MUST join, or else we are all going to be left behind... My grandson helps me... Your grandson doesn't live with you (in most cases) and we all must try and adopt.

We started this activity in February this year, members joined and left, others joined but not enough, we need more members to ensure that we have enough interest to keep it going.

The focus at this stage is on Mobile phones, but Mobile phones are just a small size computer, so the discussion varies each session. In each session, the topic expands and branches out to other topics... In this world, every topic is connected to several other topics, it is impossible to create a "Discussion Agenda".

We are all in the same age group, we ignored "Technology" for many years, but it is not too late to join in, we must. We don't like to do "Internet Banking", but they keep closing branches around us, they "Forgot" to ask for our opinion on the matter.

We are facing the need to fill online forms, we all hate it, but – nobody asks us, so let's get on with it. If you joined and left, please come back and express yourself, why did you leave, the "Discussion" style has changed since we started, all following members' comments.

It is a "Discussion Group", NOT a CLASS, so the discussion generates questions, one question leads to other questions.

Convener: Alex Evans 0417 557 456

# WINE APPRECIATION 1st. Monday of the month 2pm. At a members home. cost \$5

The last red grapes are in. The pace slackens and peace returns to the vineyard. The winemakers begin to catch up on lost sleep and forget about the weather." What lovely thoughts to usher in winter. The wine appreciation group continues to meet once a month to enjoy some good company and sample various wines accompanied by a nibble. Our numbers on average are slightly down so if anybody would like to come along to see what we are about please contact the convenor and he will let you know what can be arranged. At the moment it looks like we will have a trip to Echuca sometime in September for 3 or 4 days with a one day wine tour included. With this cold weather a nice port to go with your evening meal always goes down well.

1st Monday of Month, \$5/Head, Bring a bottle to share, Venue as advised.

Philip Warburton

Convener: Philip Warburton 0417 056368

### SECRETARY REPORT

As most of you are probably aware, I am not going up for re-election of Secretary at the next Annual General Meeting on Wednesday 2nd August, 2023.

I have been Secretary since 2018 & feel that after all this time I need a break. It has been a very rewarding learning progression through the years, I have got to know many people by name & many friendships formed. There have been many ups & downs, Covid was an unpredicted event as was the flooded clubhouse downstairs but we have all come through this with flying colours and we are back up running with over 400 members. We have had new activities started, Pickleball, flourishing under Terry & Fran Kealy, Cai Chi with Desmond Lawrence, Technology with Alex Evans, Cinema with Suzanne Page, Wine Appreciation with Phil Warburton, Walk & Talk with Barney De Wit. Many of our other activities are well supported and going strong. Special Lunch Days & Christmas in July have been added to our calendar. For me, this is proving our club is still going strong and this is due to every-one of you supporting your club & committee. We are a great organisation which supports all of us older citizens to keep fit and stimulated in life.

There are too many people to thank for your support during my time as Secretary but rest assured I have great satisfaction knowing you were all there when needed, of course there have been tough times but I am not one to hold grudges as we all have got our opinions on certain

I wish the next Secretary all the best and am sure you will do a great job, and know that if you need support, call me. As we are affiliating with LACVI in the near future, it is a time to embrace it all & look forward to what is to come.

To President Martin, Past President Josie Weedon & Ken MacMillan & committee it has been a pleasure working with you all, thank you from the bottom of my heart. Last but not least to my husband Phil who has been my backbone and supported me unconditionally in my years as Secretary, thank you Phil, love you & looking forward to our holiday in August.

Look forward to seeing you all at the club in the future. June Warburton,

LACG Inc. Secretary.

# CALENDAR OF EVENTS—LIFE ACTIVITIES CLUB-GEELONG Inc.

as at June 2023 Venue: Belmont Park Pavilion (Grey Building) below James Harrison Bridge

as at June 2023	venue: Deimont Park Pa	vilion (Grey Building) below James Harrison Bridge
<b>Every Monday</b>	Soft Tennis	Ocean Grove in the afternoon at Memorial Hall The Avenue
	Table Tennis	1:00 pm to 3:00 pm—At the Table Tennis Centre, 84 Church St. West Geelong, opposite the Sale Yards Hotel. Cost <b>\$8.00</b>
	Golf	Balyang Par 3 Golf Course 9:00am.
	Pickleball	9:00 till 11:00 am. at Memorial Hall The Avenue, Ocean Grove
First Monday	Wine Appreciation	2 to ~4pm . Location at various attendees house by agreement. Cost \$5 ea.
	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove
		1:30 till 3:00 pm at Badminton Courts Leisuretime Sports Centre Norlane
	Cycling – Pedallers Cycling (Easy Ride)	Out of Town (Contact convenor for start location and time).  9:30 am (First Tuesday from Rippleside rest from LACG Club rooms)
		Alternative shorter Tuesday ride (Contact convenor),
Every Tuesday	Cycling – Pedallers	or spontaneous local ride departs 9.30am from LACG Club rooms.
	TAI CHI	09:15am till 10:15pm Check Cost \$5.00
	Keep Fit Aerobics	10:30 am till 11:15 LACG Club Rooms Cost: \$5.00
	Exercise Class	LACG Club Rooms 12:00 to 1:00 pm
	Technology Discussion	LACG Club Rooms 1:15 to 2:45 pm . Limitedring Alex 0417557456
<b>Every Wednesday</b>	Walk & Talk	0930 From Clubroom see Barney DeWit
	Presidents Announcements	Approx. 10:30 am after a walk and a cuppa.
	Bocce	11:00 am until lunch at LACG Club Rooms
	Cards	After Bocce at the Club Rooms
	Scrabble	LACG Club Rooms 12 noon start
	Pickleball	1:00 till 3:00 pm. at Memorial Hall The Avenue, Ocean Grove and from 6:30 pm at LEOPOLD
Third Wednesday	BYO Lunch	After Bocce at the Club Rooms
Last Wednesday	Dine Out	Watch the notice board or Weekly Update for selected venues
	Pickleball	8:00 till 10:00 am. at Memorial Hall The Avenue, Ocean Grove 1:30 till 3:00 pm at Badminton Courts Leisuretime Sports Centre Norlane and from 7:00 pm at LEOPOLD
<b>Every Thursday</b>	Cycling – Pedallers	Local ride departs 9.30am from LACG Club rooms.
	Cycling (Easy Ride)	9:30 am (First Thursday from Rippleside rest from LACG Club rooms)
	Keep Fit Aerobics	10:00 am LACG Club Rooms Cost: \$5.00
	Exercise Class	12:00 – 1:00 pm at LACG Club Rooms Cost: <b>\$5.00</b>
	Arvo Tea Dance	1:30 - 2:00 Walk Through Lessons if required
	Arvo Tea Dance	2:00 to 4:00 pm at LACG Club Rooms Cost: \$5.00
Every Friday	Walk & Talk	Leaves from Car Park in Barabool Rd opposite Cafe RnR (Big4) at 9:30 am
	Pickleball	10:00 - 12:00pm at Memorial Hall The Avenue, Ocean Grove
2nd Friday	Out to Lunch	For times and venues watch notice boards and Weekly Updates
Every Saturday	Cycling – Pedallers	Local ride departs 9.30am from LACG Clubrooms.
	Cycling (Easy Ride)	9:30 am (from LACG Clubrooms)
	Pickleball	10:00-11:30 am at Badminton Courts Leisuretime Sports Centre Norlane
Every Sunday	Pickleball	5:00 till 7:00 pm. at Memorial Hall The Avenue, Ocean Grove
, ,	Pickleball	10:00-11:00 am at Badminton Courts Leisuretime Sports Centre Norlane

There is a matinee cinema and occasional theatre outing arranged to suit show times and attendee preferences We also have a Caravan Club, which, at various times throughout the year, has memorable and well attended trips.

### NOTICE OF THE 15th. ANNUAL GENERAL MEETING

### LIFE ACTIVITIES CLUB - GEELONG INC.

Venue:- BELMONT PARK PAVILION,

Date & Time:- WEDNESDAY, AUGUST 2<sup>nd</sup>. 2023 AT 12.15 PM

At the AGM, elections will be held to fill the Club Officers and Ordinary Committee Member positions, as follows:-

President, Vice- President, Treasurer, Secretary, Newsletter Editor, Membership Secretary, and up to seven Ordinary Members of Committee.

Business to be conducted at the Meeting:-

- 1. Confirm the minutes of the 14<sup>th.</sup> A.G.M. held on August 3<sup>rd</sup>. 2022
- 2. To receive President and Treasurer's Reports.
- 3. To elect Officers and Ordinary Members of the Committee.
- 4. Appointment of an Auditor (Mann, Smith & Associates)
- 5. Any special business of which notice has been given in accordance with the Rules of the Club.

The AUGUST GENERAL MEETING will follow immediately after the A.G.M.

# Life Activities Club-Geelong Inc.

Regn. No. A0052175P

# Nomination Form for 2023 / 2024 Committee

We, the undersigned, beir	ng financial members of the Life Act	ivities Club-Geelong Inc.
Hereby nominate		(All Printed Names)
For the Position of		
Nominated by	Seconded by	
I hereby accept the nomi	nation for the above position and dec	clare that I am not insolvent.
Signature	•••••	